

Learning Disability Partnership Board Meeting



28 November 2024

**at Truro Library, Truro
and on Microsoft Teams**

Who was there

Name	About them
Robert O'Leary (stand-in Chair)	Healthwatch Cornwall
Jay Thompson	Healthwatch Cornwall
Neil Carpenter	Cornwall People First
Shelagh Mitchell	CHAMPs and Healthy Cornwall
Francesca	CHAMPs
Karl Smith	Healthwatch Cornwall
Ben Uren	Healthwatch Cornwall
Gary Dymott	Community Connector
Vikki Allen	Cornwall Council
Karen Hooper	Southwest Ambulance Service (SWAS)
Jo Cope	Jobcentre Plus
Laura Keeper	Blantyre Day Services & Cornwall People First
Hannah Welch	Southwest Ambulance Service (SWAS)
Mary Fuller	DIVAS
Dina Holder	The Women's Centre Cornwall
Ebony Rose Thomas	Citizen Checkers
Jane Rees (JR)	NHS Trust

Who was there

Name	About them
Lorraine Corrigan-Turner	MENCAP
Anthony Dunn	Citizen Checker
Wayne Williams	Mid-Cornwall Hub
Ryan Sturgess	Lived Experience
Steve Dymond	Healthwatch Cornwall
John Gilbert	Healthwatch Cornwall

Who could not make it

Name	About them
Sandra Ward (stand-in Chair)	Carers Cornwall and Chair of Carers Partnership Board
Jo Pike	Primary Care Liaison Team Cornwall Partnership NHS Foundation Trust

What we talked about



Karl Smith said that the minutes from the last meeting were being looked at again.

This is to make sure that your voices have been heard.

Karl said that easy read minutes will now be sent to you within 2 weeks of the meeting.

This is so you can read them before they are sent to everybody else.



Anthony told us how important having people with Learning Disabilities on the board was.

Karl said that they are looking for somebody to be the Co-Chair.



Everybody accepted the information and the minutes will be looked at again by Karl.

Update from the DIVAS



Dina Holder and Mary Fuller have spoken at an online meeting with the Highbury Trust in Plymouth.

At the online meeting, Mary explained how hard it was for her to access help and support.



The DIVAS also spoke to lots of people at another meeting and those people wanted to come to Cornwall to see how we are working.

Where our meetings will be held



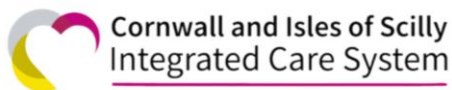
We talked about how Truro Library has poor parking for cars and the bumpy roads aren't good for accessibility.

Robert said that St Erme Community Centre will be where the meetings will be held next year.



The dates for next year's meetings have been noted and your ideas of the best time to hold the meetings have been listened to.

Learning Disability Strategy from Cornwall Council



Vikki Allan from Cornwall Council said that she would like to come to one of our board meetings with the ICB to ask for your ideas about how to co create the Learning Disability strategy and workplans.

Vikki's team are working on an Autism Strategy at the moment, so they will look to work with us in 2025.

Everyone was happy with this

Charter & Mission Statement



At the previous meeting at St Erme Community Centre, the Citizen Checkers asked what matters the most to you.

A microphone was passed to you when you wanted to speak.

Some of you felt you had not been listened to and that the words used in the mission statement are too hard and difficult.



Everyone agreed to make a working group to help with making the words used in the mission statement easier to understand.

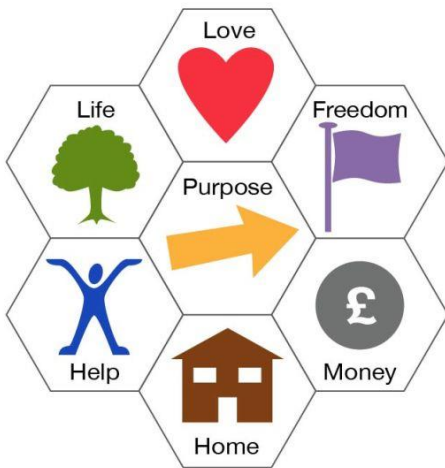


Everyone agreed to a working group to help with making the words used in the mission statement easier to understand.

Here are some of your ideas:

1. **Purpose** – what we want to do
2. **Achievement** – what we have done well

7 Keys to Citizenship – Work Plan



Robert explained that all of 2025 meetings will focus on one of the 7 Keys to Citizenship.

Freedom was agreed as the focus of the next meeting.

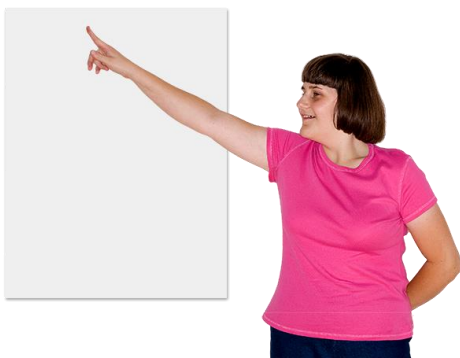
Everyone was told to discuss what Freedom means to them and how it joins with health care.

Everyone in the room split into two groups and wrote down or did a drawing to show what Freedom means to them.

The online chat also joined in.

There were lots of good ideas and Francesca read them to the group:

1. Freedom to dance
2. Freedom to have fun
3. Freedom to be yourself



Any other business?

The group had some ideas to make their meetings more friendly and easier to understand:



1. Smaller groups rather than one big one
2. Tables where you are given a microphone to speak
3. Meetings ending at 4pm are too late for people to get back to Day Centres or too much traffic
4. Toys, objects and images to support the meetings.

Healthwatch Cornwall will focus on finding out why people may find it hard to come to the meetings.

DIVAS offered to find more people to join the board. This will be actioned.



Healthy Cornwall's Campaign

Neil Carpenter told us about an activity program called 'Improve Your Health Your Way' where you can do activities on healthy eating or exercise.

A poster and more details can be found by talking to Hazel Smith:

hazel.smith@cornwall.gov.uk

It's time to get
**Healthy
Cornwall**



Next meeting:



Time TBC



**at St Erme
Community Centre**